

EXAMPLE Script - ASAP SCHOOL ADAPTATION

Food Allergy Awareness

Covers all the causes of food and other common allergies.

Written for Key Stage 2: Years 5-6 to perform for the rest of the school.

Content is perfect life skill education for KS1 & 2.

Main Characters

Child Allergy - Character with the allergies

Child B - Friend of character with the allergies

Child C - Friend of character with the allergies

Child D - Friend of character with the allergies

Characters can choose their own names.

Doctor Proctor - As a GP

PIP - (Costume Character)

Chorus - choir (optional)

ACT A.S.A.P
SCENE 1

Child B

'Hello boys and girls, my name is **B**. Me and my friends are off on a school trip to see a doctor to learn all about food allergies.

Child C

Our friend **A** has food allergies, so it's a good idea that we learnt all about them too.

Child Allergy

Hello everyone, I'm **A**
C is right, I do have allergies towards some foods.
I have food allergies towards Fish, Nuts and Eggs.

Child D

As **A's** friend It's important for us to understand how to keep our friend safe, so today the doctor is going to help us understand all about food allergies.

(address the audience)

'You can come too - if you'd like'

Child C

There are lots of things people can be allergic to.
Put your hands up really high if any of you are allergic to any foods, or you may know someone who is?

Child Allergy

Wow there's a few of them that aren't there!!

Child B

How about any other allergies....like hay-fever? Or animal hair,such as cats or dogs?
You see, there are lots of different allergies,
but today we are going to learn all about food allergies.

Child D

I am lucky, as I'm not allergic to any foods or drinks... the only thing I'm allergic to is
HOMEWORK!! *(giggles)*
But we know that **A** is allergic to Fish, Nuts and Egg, isn't that right?

Child Allergy

That's right
I used to be quite shy telling people about my allergies
But I know that I really shouldn't be shy and it's always best to let people know...

Child B

It's safer to let people know you have an allergy, especially friends and teachers as they can help keep you safe and out of danger!

Rhyme:

Child Allergy

You see...

There is food I must avoid as it makes me very sick

Child B

and if ? eats this food they'll need a doctor rather quick

Child Allergy

I can't touch eggs or fish, two things I cannot eat
A chocolate bar with nuts in, can knock me off my feet.

Child D

You see **A** has an allergy so it's important that they show
what foods they can and cannot eat so other people know!

Child C

So if YOU have an allergy
Tell your friends and others so that they are all aware

Child Allergy

That some foods are off limits and they should not be shared
and please don't be embarrassed make no apologies

Child Allergy, B.C,D

It's nothing to be shy about, it's just an allergy.

Child Allergy

If I have eaten something that I am allergic to, it can make me very poorly, so my grown-up says
I have to keep *PIP* with me at all times.

Child B

They are right....PIP is a Protective Injectable Pen
This is what PIP looks like
(take out of pocket and show)

Child Allergy

I like to imagine PIP as a superhero
PIP - **Like your pen** - carries medicine in his belly that helps me get better after I've had an allergic reaction to something I've eaten.

Child C

And as soon as ? shows signs of having an allergic reaction they need to use PIP
A.S.A.P
As, Soon, As, Possible.

Child Allergy

A.S.A.P – which means I need the medicine As, Soon, As, Possible
That's why I need to carry a PIP with me at all times.

Child Allergy

Would you like to meet my imaginary PIP?

Child B & C

We don't think they do...
(thoughtful)
Do you?

Child Allergy

We just have to shout... 'PIP PIP HURRAY!'

Child B, C & D

PIP PIP HURRAY

PIP appears at the side of the stage

Child Allergy

Yes... didn't you see him?

Child B, C & D

See whodid any of you see him?

Child Allergy

Maybe if they all help you? Shout really loudly!

Child B, C & D

Shall we give it a go?
Let's all call him together, after three we'll all shout 'PIP PIP HURRAY!'

1

1 and a half

Giggles

2 - 3

PIP PIP HURRAY

*Big hearty wave greeting from PIP, wobble music as
PIP enters right and waves up to everyone*

Child B

WOW...

You're a little bit bigger than the injector-pen I was showing the everyone..

(looks PIP up-and-down and then puts the pen back in pocket)

Song:

SUPER HERO

Child Allergy

If I eat food that I shouldn't

If I drink something that doesn't agree

Child C

Then the body, it reacts, it makes them very ill, and they need to call PIP right away

Choir

You see PIP carries medicine in his tummy

Medicine that can help straight away

Although he seems a little big

He is in fact very slick

And he fits in a pocket rather well

Child B

He is a very clever *little* object

As he is a needle, can't you tell?

Child D

Under his little hat

There's a needle for a fact?

Child Allergy

And that makes him my Super Hero

Choir

See, when you push his little hat

It makes the magic for a fact

Tell the medicine in his tummy starts to flow

Child B

Doctors call it adrena...adren...adrenali...

ALL

Adrenaline

Child Allergy

This makes the blood inside my body whiz around me
From my legs, to my head and to my knees

Child C

It flows around the heart
Whooshes around the lungs
And passes the kidneys on its way

Child Allergy

It helps the reaction that I had start to go - that's a fact

ALL inc Choir

So, shout it very loud, you should be very proud
And that's all thanks to PIP...
The Super Hero

Child Allergy

You are a Superhero PIP (*hi-5's*)
That's why it's very important for me to have my Injector Pen with me at all times because it can
keep me safe.

Child D

We'll meet PIP again later, won't we (*addresses PIP*)

Pip leaves the stage waving

All (*and audience*)

Bye PIP

Child E

Can you remember what we have to call out if we need PIP again?

Child D

Of course, we do...(*address audience*) don't we?
PIP PIP HURRAY!

Child Allergy

He's only got little ears, so you'll have to be louder than that for him to hear you.

Child B, C & D

Will you help us? (*to the audience*)
PIP PIP HURRAY!

*PIP wobble music plays as PIP sneaks in behind all of them,
pats Child Allergy on the shoulder, and then walks
around behind A B, C D in circles - 'he's behind you scenario'
Fast and funny*

Child Allergy, B C & D

Then they bump into each other and jump!

OH...Ahh....

(laughs)

Exit Pip

Child Allergy

He does make me laugh, but it's good to know that PIP is always there when I need him most
A.S.A.P – As Soon As Possible

Child C

You see, having an allergy to food is sometimes very hard, and **A** has to be very careful what
they eat and drink.

Child D

It's very important for **A** to keep safe at all times...and the more people who know they have
allergies, the safer they will be...

Come on, let's go and visit the doctor and find out more...